Kings Gap Programs and Events



DATE	Program	LOCATION/NOTES
Alternating Tuesdays: 10 – 11:15 AM 2/4, 2/18, 3/4	LITTLE LEARNERS In this program series, families with young children can engage in nature exploration through stories, outdoor activities, and crafts. You may register for just one session, or all. All children must be accompanied by an adult.	Online registration required.
Wednesdays 9:00 – 10:30 AM 1/8 – 3/26	FEEDERWATCH WEDNESDAYS Enjoy tea, cocoa, or coffee while watching our birdfeeders as part of this community science project. Project FeederWatch collects data on birds visiting feeders in winter. No registration required for this free program. No experience necessary - beginners and experienced birders all welcome.	Meet in Education Building.
1:00 PM Start Jan 10 & 19 Feb 7 & 16 March 9 & 28	WOMEN'S* WELLNESS HIKES This hiking series is an opportunity to build your mental and physical health. The hikes start easier and flatter, gradually adding mileage and hills. During the hike, relax your mind with silent walks, sensory activities, poetry, and reflection. Join us for one hike or all! Each hike offered twice each month on a Friday and Sunday.	All hikes start at 1 PM and end at 2-2:30 PM. Check our calendar for more info. *If you feel you would benefit from a female focused approach, this series is for you.
1 PM – 2:30 PM Jan 22 & Feb 2 Feb 8 & 19 March 12 & 23	MIND HIKES FOR EVERY BODY Simultaneously building your physical and mental health. During the hike we will calm our minds with reflective walks, engaging with nature, and sensory activities. All are welcome, please join us!	Check our calendar for meeting locations and more info.
Tuesday, 3/11 6:00 – 7:00 PM	WINTER VIRTUAL PROGRAM: TRIVIA Join us online via Zoom for this winter web-based online program: Nature Nerds Trivia Night. Gather your family and friends as a team for a night of fun and learning. Test your knowledge with interactive trivia. A prize pack is awarded for the top scoring team.	For more info and to register, visit our website.
March October Thursday Evenings Saturday Mornings	2025 KINGS GAP TRAIL CHALLENGE Can you hike every trail in the park? Attend 1 session each of the 8 months to complete the challenge and earn a T-Shirt. For dates and times, visit our website.	Cost: \$19. Covers all hikes and the shirt. Pre registration required online.
Saturday, 3/15 10 AM - Noon	ORIENTEERING FOR BEGINNERS Discover more about this sport. Get the basics with <i>Delaware Valley Orienteering</i> Association before exploring a beginner course. Wear sturdy shoes & bring water.	Loaner compasses available.
Sunday, 4/13 1:00 – 3:30 PM	ADULT HIKE & LEARN: VERNAL POOLS Vernal pools are temporary ponds often used by frogs and salamanders to lay their eggs. During the program you will learn about and help to monitor these fascinating and vulnerable ecosystems.	Hike will be ~1.5 miles on flat but uneven terrain. Waterproof boots recommended, but we will not enter the water. Registration required by calling or emailing the center.
Mid December through March	STORYWALK Enjoy a story as you walk in the woods! Read the award-winning 1962 classic <u>The Snowy Day</u> by Ezra Jack Keats on the Whispering Pines Trail at the Pine Plantation Day Use Area. Be sure to complete the activity near the restrooms after your walk!	Sign the guestbook when you visit!

WINTER PROGRAMS AND WEATHER

In the event of poor/snowy road conditions, programs may be cancelled or locations changed.

Check our Facebook nade prior to arrival

CONTACT

717-486-3799
ra-nrspkingees@pa.gov
www.facebook.com/KingsGapEEC
Park Website: www.bit.ly/KiGaSite
Event Registration: www.bit.ly/KiGaEvents

If you need an accommodation to participate in park activities, please contact us. With one-week notice, interpreters for people who are deaf or hard of hearing are available for educational programs.

